

BLOWN AWAY

WICKED TECHNIQUES
TO TEACH HER HOW
TO GIVE YOU THE
BEST BLOWJOB OF
YOUR LIFE



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Introduction

Giving head, going down, sucking dick, playing the skin flute, rimming, or salad tossing; no matter what you choose to call it, oral sex has captivated people for thousands upon thousands of years, (yes even your grandparents were doing it). As the main act or a prelude to something naughtier, oral sex is considered universally exciting and erotic.

For many men, oral sex is only second to the real thing (penetration that is), physically speaking. However emotionally and mentally, watching a woman go down on you (while enjoying it) can be hands down one of the most intensely sexual and erotic experiences.

Your partner may have the best of intentions when it comes to oral sex, but there might be something she's just missing. Maybe her technique isn't so great. Maybe she's timid. Maybe she doesn't use enough variety. It may be intimidating for her to learn new techniques at first, but once she gets the hang of what stimulates you, she will feel like a sexual goddess knowing that she can make you come all by herself.

While the giver is often seen as being submissive, it can actually be quite the opposite as far as dynamics are concerned. The person performing oral sex is in complete control of the other person. Your orgasm is in her hands. So allow her to unleash her inner aggressor while she's down there.



Just to recap, oral sex on a male includes licking and sucking of the penis, balls, and anus. Fellatio is the term for the oral stimulation of the penis while anilingus is the term for oral sex on the anus. While blowjobs are considered rather exciting, “eating ass” and prostate stimulation is more of niche activity. Some men love it, while others could take it or leave it.

Keep in mind that every man is different. So just because what she is doing does not rock your boat does not mean she isn't good or enthusiastic about oral sex. It could just mean she's used to something different. The key is to get her to enjoy the act too and not just make it feel like a chore.

In this book we will cover:

How to increase her pleasure

How to communicate with her and vice versa

How to achieve multiple orgasms



Anatomy 101

Before she can really truly become an oral sex connoisseur she will have to know and understand the basics of your genital area and how they function when it comes to oral sex. After all there's a whole lot more to oral sex than her just bobbing her head up and down on your shaft. Some areas are more sensitive than others, some feel better with pressure and others through stroking.

Glans (head)

This is the smooth mushroom shaped area at the top of the penis. It's full of nerve endings and when stimulated correctly can result in amazing sensations.

Shaft

This is the body of penis. While made up of muscles, the shaft is not a muscle itself. And as we all know, when aroused it becomes engorged with blood expanding and increasing in size.

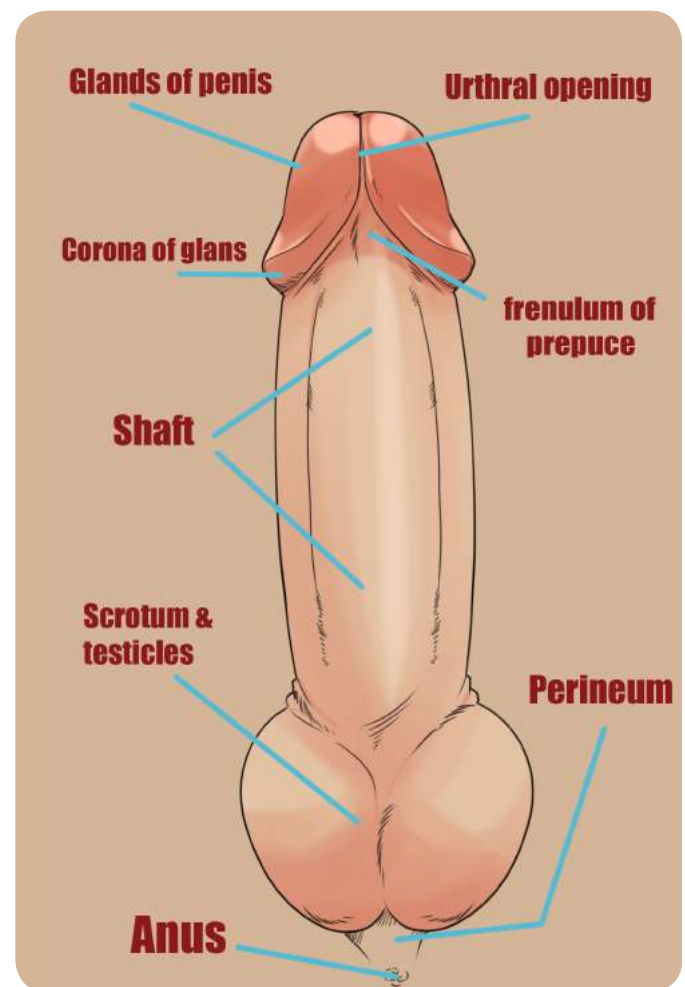
Foreskin

Most men around the world are uncircumcised which means they have this fold of skin that is chock full of nerve endings. If you're circumcised unfortunately you are out of luck when it comes to this extra bit of stimulation.

Urethral Opening

This is where urine and semen comes out. For some men this area is actually very stimulating, for others it can too painful.

"Some areas are more sensitive than thers"



Corona (aka coronal ridge)

This is the raised circumference at the bottom of the glans which separates the shaft from the head. This can be the most excitable area for some men. It's much easier to see if you're circumcised. If not, then you'll be able to more clearly identify it when you're fully erect.

Frenulum

This little hidden gem is located on the underside of the penis where the glans meets the shaft. The frenulum is surprisingly sensitive, so although your partner will definitely want to stimulate this delicate area if she goes too hard you might feel discomfort, or even come too quickly.

Scrotum and Testicles

The scrotum is like a handbag for the balls, aka testicles. When it's cold they shrink closer to the body and when it's warm they hang loose. This is a very sensitive but pleasurable area for men.

Perineum (aka the Taint)

If your partner does a little sleuthing, she'll find the perineum with ease. This nerve-filled area is located between the anus and testicles. Massaging this area feels great in part because it can stimulate the prostate.

Prostate

The male g-spot, otherwise known as the p-spot. This golf-ball sized gland surrounds the urethra swelling with prostatic fluid when excited.

So there you have it! The basics of the male genital area. Now when you're trying to guide her in the right direction you'll know exactly what you're talking about, making it easier for her to understand.



Communication

It goes without saying (or it should anyway) that communication is going to be key to making sure that she is comfortable; particularly before you even get the party started. But you may be a little tongue-tied or unsure when it comes to actually talking about oral sex. Here are some ideas to get the ball rolling:

Respect and appreciate your lovely partner. Do not force her or make demands. Always ask nicely! Avoid coming across as critical, instead offering constructive advice.

Validate her feelings. For example "I hear what you're saying...."
Or "I didn't realize you felt that way..."

Don't dismiss what she's saying or behave as though you are an expert. She likely has experiences she can bring to the table too. Be positive!

Encourage her to ask you questions, "Do you want me to suck harder?", "Do you like it when I flick my tongue on your head?"

Get out of your head and stop worrying about whether you're going to be able to come and if she likes it; just kick back and enjoy the experience.

During sex give her feedback. Try using some of these sexy phrases:

- "That really turns me on"
- "Go slower" or "Go faster"
- "You're so good at that!"
- "What are you going to do to me?"
- "Grab my balls"
- "Go harder"
- "I can't wait to be in your mouth"
- "You're making me hard"
- "I want to feel your throat"



Setting the Stage

Enthusiasm

The key to enjoyment for most men is whether she's into it or not. Let's face it, there's a reason it's called a blow "job"; it does entail some work and it can hurt her jaw if she goes at it long enough. Even if she does enjoy performing oral sex, it can't hurt to bump up her enthusiasm. How do you do that? Easy. When she's down there savoring your man parts, tell her how hot she is and how turned you are. Act as her own personal cheerleader. The more excited you are, the more excited she will be to keep going. Plus the dirty talk will make you aroused as well.

Noises

This is not the time for her to keep quiet. Those gurgling, slurpy, sounds are undoubtedly hot. Tell her how sexy she sounds moaning and groaning her enjoyment. And don't forget to moan along with her so she feels more comfortable letting loose.

Eye Contact

Eye contact is critical during oral sex. It makes all the difference between a so-so oral sex session and amazing one. Eye contact says, "I'm confident!" "I'm so turned on!" So tell her to look at you. Or lift her chin up and tell her you love it when she looks at you. Talk about hot!

Variety

Just bobbing up and down is about as interesting as eating the same tuna casserole for dinner every night. It's flat out boring. She can move her lips. She can try deep throating. Or circling her tongue. Licking the shaft. This is not about just hopping from move to move like an erratic robot. However she should be ready to pull out everything in her bag of tricks. There are literally a million and one ways to mix up a blow job so encourage her to try new things.

Teasing

She may be all ready for the main event, but that doesn't mean she has to go right to it with no warm up or foreplay. After all, if you just wanted to focus on the act itself you could jerk off or watch porn on your own. You have a delicious willing partner, so the two of you can engage in extended play. Let her scratch your thighs and lick them slowly. She can even start playing with you while you're still in your boxers. Finesse and teasing goes along way when it comes to a good session in the sack.



TECHNIQUE ONE: BLOW JOBS

Before you begin, talk about what turns you on. Just going over some of the basics can get her ready for the actual event.

Using Her Hands

Just sucking you off with her mouth might not be enough to make you cum. When you jerk off yourself, you're using your hands obviously; you're not actually blowing yourself. So what will work best is a combination of her mouth and hands. A simple "touch my shaft" or "jerk me off while your mouth is on me", is one way to tell her to use her hands. Two hands can be even better. Hands can go up and down, they can rotate, they can change speeds, increase or decrease in pressure, or stack on top of one and another.

Of course her hands don't need to just stay on your penis. While her mouth is on your penis, her roving hands can go on your stomach, your balls, your thighs, your butt, or chest. She can even use her hands to touch herself at the same time giving you a show as well. Talk about a win-win situation!

Spit or Lube

You know what sucks, (no pun intended)? A blow job or hand job with not enough spit or lube. A mouth on a wet cock is reminiscent of a moist vagina, so it's important to make sure everything is well lubricated.

You don't need lube here necessarily, just a lot of good old fashioned spit. She might be loath to spit all over your penis, but for many men spitting on their member can be a major turn-on. So when you start drying out, or she begins to reach for the lube, ask her to just spit on your dick.

If she really wants to use lube, there are many available on the market that you both might enjoy.

Flavored lube: With this she can swirl over your penis like icing. That way you can have fun watching her swirl it around your member. The only drawback is that it can become too sticky. The key is to not let it get anywhere else. Nothing worse than sticky sheets.

Water-based lube: These lubes are easy to clean but they dry easy so you're going to need a lot of it to keep going.

Silicone lubricant: The wetness of silicone will last longer, but ingesting too much of it might make your partner sick.

Warming lubricants: These lubes warm up when you place them on your body. You might want to try a test patch with these first, as some people find these lubes a little too intense.



Taking Charge

There's nothing sexier than a woman who knows what she wants and how to get it. If you always have to initiate oral sex, it loses much of its luster. Get her to take the lead by asking her to show you what she wants to do to you. It can be empowering for her, hot for you, and fun for the two of you together.

Savor the Penis

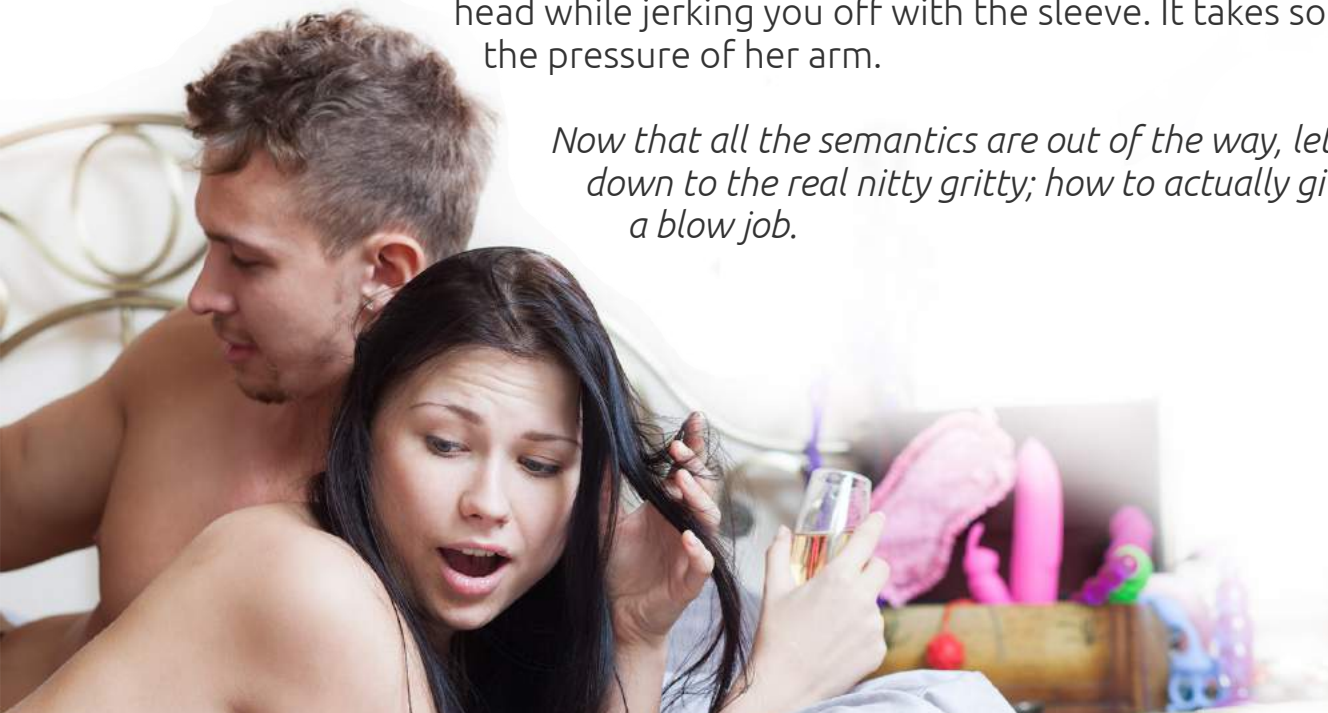
A blow job should not be a rush job. She should savor your cock like an ice cream cone that she can't get enough of. If she's going too fast, ask her to slow it down. You could say something like "I want to feel you licking my cock" or something to that effect to get her to move more slowly.

Toys

Just because she's going down on you, doesn't mean she can't use toys. Toys are not relegated to vibrators and dildos. There are lots of things she can use to go down on you.

Tongue vibes basically turn her mouth into a vibrator. They are held in place with a stretchy band and can help her out if her tongue is getting tired. Cock rings can prolong your erection if you're having problems in that department. But even if your penis is hard as a rock they can feel really good, especially if you experiment with the vibrating kind. Cock sleeves have two open ends allowing her to slide the sleeve onto your penis. Now she can focus her attention on your head while jerking you off with the sleeve. It takes some of the pressure of her arm.

Now that all the semantics are out of the way, let's get down to the real nitty gritty; how to actually give a man a blow job.



Methodology

Step 1: Tongue Play

Opening her mouth in an “O” shape she can slowly take your penis into her mouth, licking the frenulum and playing with moving the head around her lips and licking the shaft. Her tongue doesn’t just have to lick you in an up and down motion. She can move her tongue in circular motions, massaging your penis with it, and flicking her tongue as well. Pushing your penis against your stomach she can lick the underside as well. From here she can lick the corona, play with the frenulum, all the while playing with and touching your shaft. Next she can start to mimic thrusting by taking your dick in and out of her mouth.

Step 2: Using Her Hands

“She’s got two hands, so there’s no reason not to use both of them.”

Keeping one hand at the base of your shaft, she can start bobbing up and down on your penis as the other hand goes up and down or makes twisting motions. Taking it a step further, she can use one hand to massage the perineum or stimulate the prostate (more on that later) as she’s going down on you.

Step 3: The Balls

The often neglected balls need some attention too. She can give them love by sucking on them (known as “tea bagging”), swirling them around in her mouth, or playing with the skin in between. She can also play with them as she’s blowing you as well.

Step 4: Putting it All Together

So she has the basics down; lube, tongue, toys, balls, hands. All she has to do now is put that together in a way that’s pleasing to you and poof! Orgasm. The important thing to remember is when she gets in a steady rhythm that is working, it’s up to you to let her know that she’s on the right track and she should keep going.

Bonus Points

- *Sucking on an ice cube before she goes down on you*
- *Sucking on a mint before she blows you*
- *Humming while you're inside of her*
- *Touching herself while she's going down on you*

Possible Concerns

Gagging

Nothing can ruin the mood quicker than her vomiting on your penis. In order to keep her gag reflex at bay (particularly if she's trying to deep throat), she should attempt one of the following remedies:

- Place a finger at the back of her throat until the reflex subsides.
- Practice with a dildo in between sex sessions so she can get used to the real thing.
- Take a break and jerk you off instead.
- Change angles.
- Move her tongue up to the roof of her mouth and take your penis underneath the tongue. It will feel just as good if not better and will prevent your penis from choking her.

Fatigue

She may love going down on you, but she's only human. After all that licking, sucking, and flicking she may very well become tired. However if she's a trooper, she'll want to keep going until you climax. Here's how she can prevent the dreaded jaw (or tongue) lock. She can:

- Practice jaw-strengthening exercises



(i.e. chewing gum).


- Use a different part of the tongue or try varying her motions.
- Pacing. If she just attacks your penis with gusto, she's going to run out of steam real quick. Besides what did I say earlier about going slowly?
- Change her rhythm.

To Swallow or Not to Swallow

Swallowing a man's semen is a very intimate and personal act. From a psychological point of view, men love it. As for women, some ladies enjoy it while others don't. More often than not, it's the taste that turns some off. If she likes to swallow, by all means encourage her to do it! If not, here are some tips that allow her to bypass swallowing but still leave you turned on. Either way don't forget to let her know when you're about to come.

- Instead of fully swallowing, she can just allow your semen to dribble down her chin. It's like a faux swallow and just as erotic.
- Cum on her neck or breasts instead. It's just as sexy!
- If she really plans on spitting, she needs to have a towel nearby to do it discreetly and not ruin the moment.
- Last but not least, there are flavor strips she can put in her mouth 15 minutes prior to going down on you which will fill her mouth with flavor and give your semen a nice fruit-flavored tinge.





TECHNIQUE TWO: THE BUTT

While the penis may be the main entrée, there are many other ways to get turned on down below. Anal play, while still somewhat taboo, is becoming increasingly more accepted by mainstream society. And why not? The buttocks and anus are chock full of nerve endings, not to mention your prostate is down there and is a fantastic source of pleasure. Stimulating the prostate (aka “prostate milking”) can be intensely satisfying and result in full body orgasms. Even an easy breezy massage on your cheeks will be sensual and arousing. Or she can grab your butt while giving you head. But if you really want to take it to the next level, anal stimulation is the way to go. Of course, how far you explore will be up to the two of you to decide together. Your level of comfort is ultimately what is paramount. If you haven’t tried it before, give it a shot! Just don’t forget the lube.

Cleanliness

With any type of anal play, hygiene becomes an important concern. First things first; clear your bowels. Avoid eating any sort of questionable foods prior. To clean up, grab a clean washcloth and add a bit of soap and insert the cloth into

your rectum. Make sure to clean not just the insides and outside of the rectum. If you have a lot of pubic hair, make sure you take care of that too. Make sure you've also emptied your bladder as well.

If you would like to use an enema, there are a few ways to go about it. Disposable enemas are readily available and easy to use. You just fill the bulb with warm water and insert the nozzle into your anus. Squeeze the bulb of water into your anus allowing it to rinse out. Keep repeating until the water runs clear. Warm water is best. Should you really want to go all out, you can always get a colonic, but this requires the help of a professional.

Just don't go overboard; you don't want to dry out your anal cavity making it susceptible to tears. If you're really concerned, you can even switch to darker colored sheets to minimize any sort of ick factor.

Very Important. Make sure to NOT go put anything that was in the anus into the vagina after (that includes fingers or toys), or you'll put your partner at risk of infection. Make sure to clean them thoroughly with antibacterial soap.

Relax. Becoming relaxed is essential before any backdoor activity. A warm shower together can be the perfect way to get you eased in. Have her lather you up slowly and sensually washing every part of your body. She can also watch you wash yourself. Regardless make it a luxurious long last experience. Once you're out of the shower, you can continue kissing and touching each other making your way to a comfortable area (the bed or sofa for example).



The Perineum

The last thing she should do is suddenly jam her finger in your butt. Big no-no. Instead she can start by working on your perineum. The perineum (the area between the balls and anus), indirectly stimulates the prostate when you stimulate it. While using the pad of her index finger (make sure she's mindful of her nails!) she can slowly start to massage your taint. As you become increasingly relaxed, she can use her finger to gently brush across your anal opening each time increasing the pressure. She can also press your perineum against her thumbs feeling for a rope-like cord. Caressing, massaging, and stroking this area with her fingers, knuckles, or tongue can indirectly stimulate your prostate. Alternatively she can lick your perineum or hold a small vibrator against it. If this is as far as you and your partner want to go, that's totally fine. However if you want to go further, keep reading.

Analingus

Otherwise known as "rimming", is mouth-to-anus contact. Though it may gross out some, for others it's a complete turn on. It's a way of saying "I love all of you". Every single last inch. She can lightly stimulate your anus with her tongue rimming the edge of your butt hole. She can suck, kiss, and even stick her tongue inside your anus.



Fingering

Lying under the bladder and behind the pubic bone lies the little chestnut sized prostate. When stimulated, the prostate can produce explosive full-body orgasms. They last longer, go deeper, and allow a man to experience multiple orgasms if his penis is stimulated at the same time. Here's how it's done. Just don't forget to relax!

With plenty of lube on her finger, she can slowly insert her index finger (with a disposable glove or finger glove) into your rectum. Once she has her fingers two or three inches up, she can press up towards her stomach to feel a firm gland otherwise known as your prostate. There are two sides to the prostate with a ridge running down the center. The ridge is where the urethra is passing through the penis. Massaging each area gently she can increase her pressure and rhythm according to how you feel. Some men enjoy thrusting movements while others prefer intense pressure right on the prostate. But for beginners, it's best to just keep the finger still and allow you to get used to the sensation.

Repeating this move several more times, each time increasing the pressure slightly will slowly intensify your excitement. Remember to keep your rectal opening relaxed during the whole process. Once she's got the hang of anal stimulation, she can combine the both penile and anal stimulation for double the pleasure. Licking your perineum and testicles at the same time is also a good idea. Pinching nipples and stroking your chest will also enhance the whole experience. With enough practice she'll be able to feel up your prostate and suck your penis at the same time to send you rocketing into outer space!

Now if you become uncomfortable (psychologically or physically) and lose your erection don't fret. It's only natural. Just let her know it's OK to keep going. If she continues, she will (hopefully) be able to bring you back up to full sail.

Stimulating the Prostate with Toys

This might be the easiest method of them all, particularly if her finger isn't long enough to actually reach the prostate. There are plenty of anal toys on the market designed specifically to stimulate the rectal nerves.

- Anal Beads. Anal beads are composed of 5 or 6 beads on a nylon string designed to stimulate the nerve endings while simultaneously giving a prostate massage. Your partner can insert them slowly (using lots of lube per usual) while stimulating your cock. As you begin to climax she can slowly pull the beads out, intensifying your orgasm.
- Butt plugs. Make sure you choose a plug with a flared end (most of them come this way) to ensure it doesn't get lost in the rectum. She can thrust the plug in and out of your anus while going down on you.
- Prostate stimulator. These handy toys are curved upwards to stimulate the prostate with a flared handle at the bottom for her to control. These toys can easily stimulate the prostate and are a great toy to bring into your lovemaking sessions.





TECHNIQUE THREE: POSITIONS

Up until now you're probably just thinking about the semantics of oral sex; the sucking, the blowing, the touching. When it comes to positions, you're either on your back or she's on her knees, right? Wrong! While traditional sexual positions are great, you will set your sex life on fire if you switch it up with some of these wilder positions.

The Classic Oral Sex Positions

You're on your back and she's bent over in front of you working her magic. OK so that's nothing new. But you can mix it up with a few variations.

- Put a pillow underneath your butt so your genitals are more exposed and easier for her to reach.
- You can raise your legs over your shoulders.
- Prop your feet on her shoulders.
- Hang your legs over the side of the bed.

On Her Knees

Another classic position, this can become even more heated if you put one of your leg up on a chair so she has even easier access. You can also face away from her so she can position her hands on your penis like you would, while she goes down on your perineum or anus.

The Starfish

This position is so named because as you can imagine you are lying on your back like a starfish. She keeps your legs pushed wide apart while she goes down on you. She can hold your knees apart to make it even more exciting.

Sitting

Sitting is great if your lady tends to suffer from fatigue. Her neck will get a rest with you in an easy access position. You can sit on a chair, a sofa, or a recliner. If you want to be more imaginative, you can try a car hood, the kitchen counter, or a washing machine. Even better, you can massage or cup her head while she's going down on you.

Face Sitting

This position is undeniably erotic and perfect if you want full genital to face contact. While she's on her back you straddle her face with your knees on either side of her chest. Lean forward resting your hands on the bed frame or the wall in front of you to make it easier for you to stay up. You can lower or raise your body to put more of yourself in her mouth. Ultimately you control the rhythm and pace. You can also have her bend her knees so you can lean back a bit for support. Just be careful not choke her and make sure you have a signal between you guys should it become too uncomfortable.

From Behind

You may be used to her getting on all fours but now it's your turn. Get down on your hands and knees. It gives her easier access to your rectal area. She can start from the back performing analingus or simply arousing your perineum or inserting a toy into your anus. She can slide underneath you as well and give you a blow job from underneath like a mechanic servicing a car. If you want to lower your penis further into her mouth lay on your arms.

Sideways

This leisurely position can allow the two of you to intimately explore each

other's bodies while you're getting serviced. You can touch her breasts and genitals while she is playing with your cock and testicles. Try out different angles and see what works best for you. You can also move your leg up so that she has easier access to your genitals.

Back Hug

Have her sit behind you while you're sitting on the couch. All she has to do is bend over and start sucking your dick. The only drawback is her mouth won't be able to go as far down on your penis as it normally would but she can still manually stimulate you. Now if you're hoping for some anal action, this isn't the position for the two of you. But it still offers a unique and different perspective on oral sex.

Plough Pose

If you're super flexible or just a practiced yogi, this is the perfect pose for you. Lay on your back and lift your legs up over your head and swing them back so that your toes are resting on the floor. If you aren't that stretchy just hold your knees to your chest. This will give her very open and easy access your entire genital area from penis to anus.

Bottom Up

Get some air down there! In this position your genitals will be free and easily accessible. This time lie back and put your legs over her shoulder as she kneels. Just don't lean too hard or you might topple

over. This will give her a whole new angle and new view to the buffet that is your genitals. Now if you're 6'5 250 lbs and she's 5'1 100 lbs this might be too much for her as your weight will be partially on her. But try it out and see what happens!

Backwards Throating

All guys love a little deep throat action and this position makes it that much easier. Stand beside the bed. Have her lie on the bed leaning her head off of it so that her mouth is right by your penis. She can control the rhythm by holding on to your thighs or legs or you can thrust by moving back and forth. As an

*Yes it's possible,
if you're both
strong enough.*

added bonus, you can lean over and play with her clitoris at the same time. You don't have to limit yourself to the bed of course. Look around your home and see what else could work. It's all about experimentation.

The New 69

If you're over the age of 13 (and I'm assuming you are) than you know what this position is. But there are some new twists you might not have thought of. First of there's 69'ing while standing. Yes it's possible, if you're both strong enough. If you're still trying to figure out the positioning let me explain: You're standing while holding her upside down and she's wrapped around you so her genitals are near your face and vice versa.

There are two ways to get into this position. You can stand in the Backwards Throating position and lean over to pick her up. Alternatively you can have her do a headstand (against the wall if she can't do it on her own) and then pick her up until your naughty bits meet up. She'll need to squeeze her legs together around your head and hold onto your legs to make sure she stays in place.

You can also try 69'ing while sitting or kneeling. It's pretty much the same as the standing version except you're sitting. This may not work on all heights but it's worth a shot and may be easier than the standing version.



Sex Swings

Just like there are sex toys to act enhance your experiences, there is also a range of furniture and props to pump up your sexual sessions. Props can allow you to reach angles and positions that would otherwise not be possible. A sex swing is one of those props. A sex swing can be easily installed in the ceiling or a portable frame and can open up a whole new world of sexual positions. While you're standing, she can get into the swing and easily perform the backwards throat position. The standing 69 also becomes easier and weightless with the help of a sex swing.

Sex Furniture

There are wedges, pillows, and platforms in various shapes and sizes that can assist in propping up butts and giving you and your partner easier access to the nether regions without having to hold each other up.

In Conclusion

It's easy if you've been with someone for years to find your sex life is in a rut. Over time, you go through the motion without asking questions anymore or discovering what makes the other person tick. Sex is a great place to let go and not only be a stress reliever and cathartic but an amazing way to bring the two of you together.

Sexual exploration at the end of the day is meant to be spontaneous and fun. So although she has learned all of these methods, once she's down there she has to let it go and allow herself to have fun. Even if she executed everything perfectly, you wouldn't want her to behave like robot the whole time. Sex with a partner you love dearly is a combination of physical desire and emotional connection. To enhance this, it's best to savor each other going slowly and taking the time to really play and explore with each other is what will make this an amazing experience.

Now that she's great at oral sex don't forget to reciprocate when the time comes. And don't forget to wash down there!



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