HOW TO USE THE MOST DISCREET AND POWERFUL VIBRATOR TO BLOW HER MIND





Copyright © 2014 Insspira Publishing Inc.

The name of the work is Naked U. The records required by 18 U.S.C. 2257 and 2257A are kept by Direct Models Inc. by its custodian of records at 5535 Balboa Blvd Suite 103, Encino CA 91316.

Gabrielle Moore's "Naked U" has been produced by Insspira Publishing Inc.

"Naked U" and "Gabrielle Moore" are registered trademarks.

For more information about Gabrielle Moore's products visit:

www.GabrielleMoore.com

Table Of Contents

Introduction	 3
Why is masturbation so important?	 5
The Clit Vibe	 7
Technique One: Flying Solo, Together	 10
Technique Two: Going Inside	 15
Technique Three: In Reverse	 20
In Closing	 24
References	 25



Introduction

The vibrator. Women love them, men fear them, and they are flying off the shelves of sex toy stores everywhere. At least, these are the things most of us believe to be true. Vibrators are indeed very popular. In fact, they are popular enough that most men aren't in the least bit threatened by them. And why should they be?

Women around the world are experiencing an epidemic of orgasm inequality. They orgasm less often than men and often feel a great deal of pressure to perform orgasm even when they don't really feel it. Ninety percent of men care about their partner's orgasm - and if you are one of those who don't care, you probably wouldn't be here in the first place. But two thirds of women have faked an orgasm at least occasionally, for a number of reasons.

Women claim four main reasons for their decision to fake it: the desire to make their partner feel better by pretending to climax, the desire to make themselves feel better out of insecurity relating to being unable to orgasm, the slight chance she might give herself more pleasure by faking, and the fear that something is legitimately wrong with her if she doesn't come.

Regardless of her reasons, the chances are that if your lover seems to be having an orgasm all or most of the time you have sex, especially if you aren't giving her some direct clitoral stimulation, she has probably been faking.



And why?

There really is no need for this orgasmic act. But it's time we all admit a straight fact: women need clitoral stimulation to orgasm. For a small number of women, that stimulation can come indirectly from friction of her labia, or with her lover's body, but for most the direct pressure on her most sensitive sexual gland is an absolute must. And for men who don't have a lot of experience with oral or manual stimulation (or women who need something a bit more intense), the vibrator is the obvious answer.

Nearly all women masturbate - at least 92% of us, according to recent research - more than ever in modern medical history. Masturbation isn't just acceptable, it is largely being seen as required for a healthy sex life. Married women consider masturbation to be one of the most important sexual experiences they have, second only to sex with their partner.



Why is masturbation so important?

Half of women who orgasm are able to experience an orgasm within as few as three minutes. Three minutes!!! Think of how much amazing sex you could have if it only took you three minutes to get your lover off once. How many awesome orgasms could you give her in one night?

The vibrator is a powerful force. We have a lot of silly ideas around their use, though, myths that have for a long time prevented couples from enjoying them the way that they should. Despite the fact that women have better, more powerful, quicker orgasms with vibrators, many are afraid to move them from the realm of solo pleasure into coupled explorations. In this case, the responsibility must be on you to bring sex toys into the scene. And bring them you should. While 53% of heterosexual women are currently using vibrators in masturbation and/or intercourse with their partner, this number could be much higher if more men took the initiative and gave their lover this gift of better sex.

Better how, you ask?

Studies have shown that vibrators can improve sexual functioning in a variety of ways. For starters, using a vibrator can help a women to lubricate more, making sexual intercourse much more enjoyable for both of you. The vibrations of a sex toy can increase her levels of desire for her partner and boost her sexual arousal, which makes her much more prepared for sexual intercourse both in body and mind. And the most obvious benefit of using a vibrator in your bedroom together, it will ultimately allow her to orgasm faster, more powerfully, and with much more ease.



In addition to these overall bonuses for every woman, those women who may experience pain or discomfort during intercourse often notice a marked decrease in these undesirable sensations when a vibrator is introduced on the scene. Why, oh why, aren't more people using sex toys right now? We know that most men aren't actually scared of implementing a toy into their partnered sex lives, though the myth prevails. But women may have many reasons to keep her vibrator to herself, or not use one at all. She might be confused about the wide variety of choices, or afraid of what her partner might think, thanks to the silly stories we tell each other about what men think about vibes behind closed doors

But the science on the matter is clear. With so many women having such difficulty experiencing orgasm with their partners, there is absolutely no reason not to try sex toys on for size. It is one of the primary recommendations of sex therapists to couples who face this challenge, so save yourself the therapy fees

and get thee to the sex shop!

Speaking about the confusion of many choices, you should arm vourself with some knowledge before you go looking for the right toy for

"women who may experience pain or discomfort during intercourse often notice a marked decrease in these undesirable sensations when a vibrator is introduced on the scene."

you. I'm here to give you everything you need, including a recommendation for my absolute favourite vibrator, and all the information you need to know about why it's perfect for you and your lover.

It can be incredibly tricky picking out a toy just for you, especially if neither of you have used a vibrator during sex before. You will need to take several different factors into consideration, so don't go on a wild shopping spree just vet.

There are several factors you should take into account when you are buying your first vibrator. Primarily, you will want something that is safe, easy to clean and store, guiet, powerful, simple to use, and not intimidating to her. Bringing home the biggest vibrating dildo you can find is not the way to go.

The Clit Vibe

"Gabrielle Moore's "Clit Vibe" is all of these things. To order "Clit Vibe" go to www.GabrielleMoore.com/clitvibe

Safety is primarily about the materials used to make the toy. Many toys are made from low quality materials which contain phthalates (a type of carcinogenic petrochemical) and other kinds of allergens that can be harmful to the body both in the long and short term, especially for anyone with sensitive skin. The last thing you need is for her to break on in a rash on her genitals with your new toy!

The "Clit Vibe" is made from two different kinds of hypoallergenic and phthalate free plastics, ABS plastic and polyurethane. ABS is a hard plastic and it creates the shell of the "Clit Vibe", a small "bullet" shaped toy with a vibrating motor and batteries encased within. This hard plastic is excellent for transmitting vibrations, sending the sensations created by the motor throughout the entire toy. Polyurethane is a soft plastic, also used to make latex-free condoms, and it creates a sheath that covers the hard plastic shell. This soft surface makes the



HOW TO USE THE MOST DISCREET AND POWERFUL VIBRATOR TO BLOW HER MIND

LUSTY VIBRATIONS

toy very comfortable for direct application on the clitoris as well as use on other parts of the body - we'll get to that in a minute.

ABS and PU plastics can also both be used with any kind of lubricant - silicone, water, oil, or hybrid lubes will all work wonders. They are incredibly easy to clean. You can simply wash it with antibacterial soap and water, wipe it down with rubbing alcohol, or use a specialty toy cleaner that can be purchased from just about any sex toy shop. Just don't try to sterilize it in a pot of boiling water (and keep it out of the dishwasher) and you're good to go!

Bullet vibes are great because they are nice and small. They can travel discreetly in a purse or a pocket, kept hidden away in a small pouch in the bedside table, run on AAA batteries that are easy to replace, and super easy to use. This one simply has a small on/off button on the bottom that is pressed when the time is right. Idiot proof!

And the great thing about bullet vibes is that they can be used in a lot of different ways aside from pressing them directly onto the clit. They can be used as stimulation for the labia, especially if direct clit stimulation is too much for her. They can be inserted into the vagina for internal stimulation on the g-spot or the sensitive tissues at the vaginal opening. They can be used as a warm up for anal sex, stimulating the perineum and anus. They can stimulate the nipples during foreplay, and just about any other body part that she finds titillating.

In fact, there are a number of "add on" toys that you can use with your bullet vibe. There are cock rings that you can attach so the bullet hits her clit during intercourse. There are dildos and g-spot stimulators with a small slot into which a bullet vibe can slide, adding vibration to other toys. You can even find gloves that allow you to add vibration to a full body massage.

And the "Clit Vibe" isn't exclusively for women either! With the cock ring, you can gain some pleasure from this little device as well. And you may find that after she gets off with it, she wants to try it out and see how it might improve your sexual experience as well. If you think intercourse is intense, wait until you try intercourse with the "Clit Vibe" in tow!

So many options, what are you waiting for?



In the coming pages, I am going to explain to you three different sexual situations in which your brand new sexy toy can be used to bring you and your lover to the ultimate sexual pleasures.

First I will describe a sexy scene in which you encourage your lover to masturbate herself for you. This is a very important part in vibrator use, so don't skip it! In our second technique, I will walk you through the steps of using the "Clit Vibe" as an insertion device that can be implemented during manual stimulation, oral sex, or even intercourse. As a bonus, I'll talk a bit about safety measures and other concerns if you want to use the "Clit Vibe" for anal play.

And in our final technique, we'll talk about a few of the different ways that your lover can turn around the "Clit Vibe" so that you get the benefits of that intense vibration. There are so many options here to choose from, so many ways that this tiny toy can increase your sexual pleasure and performance, I have no doubt that the "Clit Vibe" will soon become the best investment that you and your lover have ever made in your sexual relationship. Don't wait! Let's get to it, shall we?

Remember, you can order Gabrielle Moore's "Clit Vibe" at www.GabrielleMoore. com/clitvibe





TECHNIQUE ONE: FLYING SOLO, TOGETHER

If it isn't obvious by now, I'll say it again. Masturbation is perhaps the most important thing that your lover can do to improve her ability to orgasm and your overall sexual experience together. Period. So what should you do if your lover isn't really big on masturbation, or at least doesn't masturbate in your presence? It's time to start that conversation, darling, because it isn't going to start itself.

Here is how you can make this big step a big priority in both of your sex lives.

For starters, don't talk about masturbation like it's a Really Big Deal. It isn't. It's normal, natural, simple. Sit down and have the conversation.

"So I was reading the other day about how masturbation can be really important for a woman having an enjoyable sexual experience. Sometimes when I'm



enjoying a little private time, I like to think about you masturbating. Is that something you like to do? Would you maybe like to do it with me some time?"

- Let her know that masturbation is totally cool and something you have absolutely no problem with whatsoever. Explain that you really want to make her orgasm a priority and that you want her to teach you about what gets her off.
- 2 Gift her the toy before you surprise her with it in the bedroom. Give her a chance to get acquainted with it on her own, no pressure, as something she can use to help relieve stress or enjoy some sexual experiences all by herself. This gives her a chance to really try it out, get to know how it works for her and the best methods she prefers for getting off with it.
- It might take her several tries with the toy to figure out what she enjoys most, so be patient, but be sure she knows that you think it's super sexy that she's playing with it and that you are excited for it to become part of your shared sex life as well.
- When she is ready, set a date to play in a different sort of way. Do whatever it takes to get her comfortable with watching her masturbate, including doing the same yourself, offering her the chance to see inside this intimate part of your life.
- Set the scene. What does she need to be comfortable while masturbating? What is her favourite position? Most women prefer to masturbate while lying on their backs, but her best posture might be a bit different. Figure out the best way for her to be comfortable while you can also get a good view of what's going on.

When it comes time for this new sexual experience to be shared, spend some time beforehand just talking about it. Ask her to describe to you how the vibrator feels, what she likes best about it, what her orgasms with it are like. While she's masturbating, she may feel too self-conscious to describe the sensations too you, or she may simply be too distracted. If you talk about it beforehand, you can get all the info you need so you are prepared to simply sit back, watch, enjoy, and see what kind of new skills you can absorb.

If she prefers the lying on her back position, that's how she should begin. You should sit somewhere close, if she wants you can be close enough to touch and caress her, but you want to be sure that you have a great view of what's going on down there for her.

Have her lie back and get comfortable. If she is willing and able to talk you through it, have her explain to you what it is about the position that works for her. For example, some women feel the need to clench their thighs together while the climax, so being on her back or her stomach will work, but not on her sides. She may find that being on her stomach puts too much pressure on her chest.

Also, since she may have her thighs clenched together, you will want to have a vantage point that puts you slightly above her.

2 She can keep her legs open when she begins if she wants to give you a great show, or if that sensation works for her, but if she needs to have her thighs together, be sure she knows that she should do this! This isn't so much about her performing a sexual act for your viewing pleasure, but about her giving herself as much pleasure as possible so you have a better understanding about what she wants and needs.



- She may want to start masturbating with her hand. Some women find a vibrator to be very intense and will want to "work up" to it. She may also find foreplay very helpful to give her the courage and arousal necessary to make this really work. Start with a make out session and use some of the techniques I offer in my book, "Turn Her On Faster" http://www.turnheronfaster.com/. Try reading some erotic stories to her while she begins to get herself off, if you can do this while continuing to pay attention to what she's doing. How good are you at multitasking? If not, try talking her through a shared sexual fantasy the two of you have yes, this means actually talking about your sexual fantasies beforehand! You can do it.
- When she is ready, she should begin running the vibrator over her labia lips, outer and inner, slowly working it around her sexual organs until she finds just the right spot. Pay close attention. Is the toy directly on her clit? Is it pressed into her labia or the mound of Venus at the top of her sex? Does she spread the lips wide? Is the vibe touching her clit above, on, or below the glans?

All of these factors are important considerations for when it's your turn to take over the "Clit Vibe" controls. Get right up in there and see what's going on, if she's comfortable. You may have to try this a few times before you figure out exactly what she likes best. Trust me, it's worth it. Like you need convincing!

- When you think you have the technique she is using down, add to the intensity by giving her some foreplay stimulation while she is using the toy. Kiss her, play with her breasts, suck on her nipples, kiss her thighs, caress her body. All of this is a great start.
- After she gets herself off at least once, you can spread her legs and begin stimulating her in other ways to up the intensity even more. Have her continue using the "Clit Vibe" on her clit while you insert your fingers. Check out my book, "Naughty Fingers" (http://www.mynaughtyfingers.com/) for more information on some of the fingering skills that you can use here. There are so many, it's impossible to describe them all here, so find the technique that works for you and bring it!



- When you are both ready, have her keep the "Clit Vibe" in place while you penetrate her for intercourse. There are several different positions that work well with this, but the most important is that she have at least one hand free to hold the toy. In addition, you will want enough space between your bodies that she can reach her clit. If you are in missionary, this will mean having your body propped up well away from her, so try kneeling and propping her hips up a bit so you don't have to lean over. She can also get on top, or in a doggie style position if she has the upper body strength and stamina to hold herself up on only one arm. If she gets on top, try for a position where you can help support her body, like the reverse cowgirl, where she faces away from you and leans back onto your arms or your chest. In this position, she has one or both arms free to continue stimulation you, and with deep penetration you may be able to feel the vibrations as they carry through her body.
- Onn't stop! She may come once, or twice, or five times while you are going at it. Keep in mind that as she gets closer to orgasm, she may have a harder time controlling the pace of thrusts, so try to get in a position where you are doing most of the work, even if she's on top. This might mean sitting or lying so your legs dangle over the side of the bed and onto the floor, giving you a bit more leverage. You can start slow, but once she is in her climax, if she likes it a bit rougher feel free to really go at it.
- This technique is great for simultaneous orgasm, because she is in complete control of her climax. She can let you know when she is getting close and you can go all out, all the way, until you are both tumbling over the edge into ecstasy.

You may find that you need a reminder of the new techniques you've learned. Don't hesitate to ask her for a repeat demonstration again soon!





TECHNIQUE TWO: GOING INSIDE

While bullet vibes are primarily intended to be used as external clitoral stimulation devices, one of the best features is how varied and versatile they are - they can be used for so many other exciting things! In this technique we are going to talk about the many different ways that you can use the "Clit Vibe" for internal stimulation on your lover. First we will use the toy again during foreplay, this time allowing you to take control of the "Clit Vibe", using it on her nipples and her clit. Then we will progress through a few different stages of sexual stimulation, including oral and manual play, before we get to intercourse and even a bit of anal stimulation to top things off.

If you aren't entirely confident in your skills with these techniques, I have a number of other books which can help you find your dexterity and inner Casanova. I've already mentioned my books on foreplay and fingering



techniques, but you can also check out "Hot Licks" http://www.hotlicksprogram. com for some great oral sex instruction and "Orgasmic Sex Positions" http://www.orgasmicsexpositions.com/ for more about sexual intercourse to make her scream. "Anal Pleasure for Her" http://www.analpleasureforher.com/ is a great introduction to anal for you both, so don't forget to check it out as well!

- All the usual preparations apply, so I'm not going to list them all here. Just make sure you are both comfortable, aroused and ready to get intimate with each other. With the vibe in mind, especially since you are going to be playing with insertion, you may want to have a bit of lube handy. Since you will also be trying out a bit of anal play, you may want to have some sex toy cleaner or rubbing alcohol and a cloth or towel handy so that you can give the "Clit Vibe" a quick clean after the anal, especially if you want to continue with more clit or vaginal stimulation.
- 2 Get down to it! As you are kissing her and playing with her breasts, bring the "Clit Vibe" to each nipple and allow it to vibrate against her. Try vibrating one nipple while you nibble on the other, than switch up the stimulation. She may also enjoy feeling the toy against her neck, her belly and her inner thighs. Recall what worked for her in your last experiment and see if you can recreate some of those sensations.

Take the vibrator to her clit. Before you get into insertion play, test things out and see how much of her clit stimulation techniques you were able to pick up while watching her. You may want to try getting her off once before you begin the insertion, especially if she is multi-orgasmic or has particular difficulty getting off during intercourse.

- Press the "Clit Vibe" into her clit, or against her labia (which does she prefer?) then increase the pressure as much as she desires. Have her give you some feedback as you practice this new skill. If she finds the stimulation too intense, or experiences any numbness after a short while, take a break and next time keep the pressure a bit lighter or with less direct contact.
- Begin to explore some other kinds of stimulation. You may want to play with fingering first, or see if you can perform oral sex on her while continuing to stimulate her clit with the toy. When you are both ready, show off your oral skills by stimulating her clit with your tongue or lips, and slowly move the "Clit Vibe" down between her labia lips to her vaginal opening.



- Start by stimulating the vaginal opening light. Gently tease the "Clit Vibe" around the outside of her vagina, stimulating the soft tissues there. If she isn't particularly lubricated, you may want to add a drop or two of lube to the toy. You want to try to keep your fingers on the vibe at all times use your index finger and thumb for this so try not to get it too super slippery. If you lose your grip on it, don't panic. Have her push down with her vaginal muscles to help press the toy out and use your same fingers to reach inside and retrieve it. The "Clit Vibe" is small, but it isn't tiny. It's not going to get lost.
- Continue your stimulation by gently pressing the "Clit Vibe" inside her vaginal canal, just pushing half of the toy inside of her. Try swirling it around a bit so it stimulates the entire vaginal wall, front to back and side to side. Pay attention to see if there is an area of her vagina that seems particularly sensitive, since you can focus more attention there where she really likes it.
- Thrust with the "Clit Vibe" very gently so that it comes into rhythm with your tongue or your finger(s) on her clit. If you have a difficult time with rhythm, try using some music to help you keep pace. You may find that she presses into you with a certain rhythm, so simply follow her lead if that's the case.
- Take penetration one step further. Place the "Clit Vibe" on top of your index and middle finger so it rests against the palm of your hand on the bottom (where the on/off button is) so that your fingers curl around the tip of it a bit, allowing you to hold it in place. Now insert your fingers into her vagina with the toy pressed against the anterior wall (the front wall, between her vagina and her abdomen) where her g-spot lies.



If you want more info on the g-spot, check out my book, "Mastering Her G-Spot" http://www.masteringhergspot.com/. Use similar techniques, gently and rhythmically pressing the small vibrator against her g-spot while you go down on her.

If she has an ejaculatory orgasm, be especially conscious of the vibrator when her muscles begin to contract. She may push your fingers out of her when she squirts, so be sure to keep the "Clit Vibe" firmly against your palm by crooking your fingers just a bit, so that the vibe comes out of her when your fingers do.

With the right position, you can use this same technique during intercourse as well. Try it with her in a doggie-style position, you standing behind her so you are able to reach your hand under your genitals to press the toy down onto her g-spot and double-penetrate her in this way.

When you want to enjoy a bit of anal play, clean up the toy a bit and bring it back first to her perineum, the area between her vagina and anus. This area is particularly sensitive, so it's a good place to begin. Use a bit of lube (or her natural fluids) to slick up her back door and begin swirling the "Clit Vibe" in slow circles around her hole. Keep up your clitoral stimulation, and if you are particularly talented and able to keep yourself upright hands-free, use your other hand to finger her and provide vaginal stimulation as well. The triple threat!



If she is interested, you can play around a bit with anal penetration, but you must be very careful. Generally, sexperts advise that you use only toys designed for anal sex to penetrate her back door, because the possibility of things getting stuck back there is high! For this particular technique, you need to make sure that you don't press hard, or very far. It is a great way to prep for anal penetration with a butt plug, dildo, or anal intercourse.

As you may know from my books, the anus has two distinct sphincters. With the "Clit Vibe", you can press very gently to begin to open up the first sphincter, allowing just the tip (no more than 1/4!) of the vibrator to enter inside her. But do not, under any circumstances, continue to press the "Clit Vibe" past the second anal sphincter, as this can cause problems if her body tightens up and the sex toy goes inward. When she begins to open up to the vibrator it's time to replace it with something more designed for anal play. If she really enjoys the vibration experience, you can pick an anal dildo that has a slot in it for the "Clit Vibe" to be inserted, providing similar sensation in a safe way. Be sure that if you move on to anal intercourse and want to use the "Clit Vibe" again for vaginal or clitoral stimulation, you give it a quick clean beforehand. Enjoy!





TECHNIQUE THREE: IN REVERSE

By now you should have discovered several great little techniques in the past two scenarios to help get your lover off. Whether she likes direct clitoral stimulation, insertion, or some combination thereof, you have had a chance to practice many different skills that can be used in the bedroom to make her orgasms more powerful, more intense, faster, hotter, more common and more frequent.

So what's next?

In our final technique, you get a chance to enjoy some of the pleasures that the "Clit Vibe" can bring! Your lover is going to reverse its vibrating effects onto your body in a variety of positions and with a number of different pressure points, seeing if she can bring you to a more intense and pleasurable orgasm by giving you something just a little bit different for yourself.



You may be hesitant to try out a vibrator. The popular mythology about sex toys is that they are perfectly cool and even sexy for women to use, but creepy and weird for guys. Do not fret! A majority of men have used sex toys in their lifetime, many of them trying out vibrators, and they can be especially enjoyable when your lover is in charge of their use. Let her take the reins, give her a taste of the power that this can entail.

In fact, if your partner is particularly hesitant to let you try the vibrator out on her or to use it on herself in front of you, this might be a good technique to get you started, so she can get comfortable with the toy while having the opportunity to really feel in control of it, without the vulnerability of opening herself up to masturbating in your presence or having a toy used on her.

You can start out playing with the toy on her if you like. You may want to get her off once, especially if she is multi-orgasmic. She can also go back and forth, using the vibrator on her clit for a few minutes while stimulating you with her hands or her mouth, then bringing the "Clit Vibe" back to you to up the intensity of the pleasure she is giving you. Try out a bunch of different things to see what works best for you.

Some of these stimulations are bound to feel over-the-top amazing, but you may find that some are just too intense for you. Find what works for you and go from there.

- To get things started, she is going to be perform manual and/or oral stimulation on you while she wields the sex toy. You may find that having two toys is ideal, so she can continuously stimulate her own clit while stimulating you. If this is the case, have her straddle a pillow or some other surface on which the vibrator can rest against her clit, allowing her to be stimulated without need to use her hands. This way, she has her hands free to touch you and hold the "Clit Vibe" she is using on your sensitive spots.
- With her hand wrapped around the shaft of your penis, she can gently touch the "Clit Vibe" directly onto the head. She is likely to find that the most sensitive spot is the one directly under the head where the foreskin attaches, or was attached, to the shaft. Many men find this to be an incredibly powerful place for stimulation.



Especially if you are uncircumcised, you might find that stimulation directly on the head of the penis is just too much. If this is the case, try going for indirect stimulation. Either have her place the vibrator on the foreskin rather than the head herself, or have her take you in her mouth, with your head pressed against her cheek, and press the toy into the outside of her cheek. The vibrations with move through the thin flesh of her mouth and to you without the intensity of direct stimulation!

- She can rub the vibrator along the shaft of your penis while she goes down on you, or hold it in her hands as she wraps them around your shaft and jerks you off slowly. She may find lube helpful for this, to get things moving smoothly.
- One of the best places for a "Clit Vibe" is at the base of your penis, at the top near your belly. You can also find cock rings that hold the vibrator in this particular spot, which allows you to have intercourse in the missionary position which stimulates your shaft and her clit at the same time.
- As she stimulates you with her mouth, she can bring the "Clit Vibe" around underneath the base of your penis, between your shaft and your testicles. This spot is often very sensitive and can provide stimulation to the penis and testicles both at once.
- The vibrator can stimulate the testicles in a number of ways as well, tickling around the, pressing between them, or being held in her hand as she squeezes them gently. She can also use one hand to gently pull the testicles



away from the body and then the "Clit Vibe" can better press into the flesh without them moving about.

- The perineum, the sensitive area between your testicles and anus, isn't just incredibly sensitive. It is also the exterior access point for the male prostate. Pressing gently at first, then more firmly in this area, can provide intense stimulation to your prostate without the need for specialized anal penetration toys of any kind. How awesome is that?
- And like you practiced with her, this toy can also be used for more direct anal stimulation, playing with the exterior of the first sphincter, or penetrating (just a little, tiny bit!) beyond the first, but not the second sphincter muscles. Again, be sure to use lube, and make sure she doesn't use the vibrator on herself again without cleaning it up first.

If you are interested in more intense prostate stimulation, the same advice goes for you as went for her - get a specialized anal toy that allows you to plug your bullet in, so you can get that same amazing vibration directly against your prostate. Your "Clit Vibe" is so versatile, you can use it just about anywhere, with the right accessories!

If you find the sensation of the vibrator a bit too intense for any kind of sustained use, have her use it on herself while she stimulates you so she can get herself off, then let her know when you are close as well. She can add the vibration into the mix just as you are getting near to climax, upping the intensity just when it matters most and giving you the opportunity to experience how powerful the difference can be when you add a vibrator into your play.



In Closing

And there it is! Three amazing scenes, filled with techniques for making this awesome little "Clit Vibe" the very best toy in your collection, whether it is the first toy you ever buy, or simply the newest addition to a wide selection. Try out these new techniques for yourself! I guarantee you won't be disappointed.

Remember, you can order Gabrielle Moore's "Clit Vibe" at www.GabrielleMoore.com/clitvibe



References

92% of women like to go solo. 2008. The Sun, December 11.

Cooper, E. B., Fenigstein, A. and Fauber, R. L. 2013. *The Faking Orgasm Scale for Women: Psychometric Properties. Archives of sexual behavior, pp. 1--13.*

Gebhard, P. H., Johnson, A. B. and Kinsey, A. C. 1979. *The Kinsey data. Philadelphia: Saunders.*

Herbenick, D., Reece, M., S, Ers, S., Dodge, B., Ghassemi, A. and Fortenberry, J. D. 2009. Prevalence and characteristics of vibrator use by women in the United States: Results from a nationally representative study. The journal of sexual medicine, 6 (7), pp. 1857--1866.

Kinsey, A. C. 1953. Sexual behavior in the human female. Philadelphia: Saunders.

Marcus, B. S. 2011. Changes in a woman's sexual experience and expectations following the introduction of electric vibrator assistance. The journal of sexual medicine, 8 (12), pp. 3398--3406.

Muehlenhard, C. L. and Shippee, S. K. 2010. *Men's and women's reports of pretending orgasm. Journal of sex research, 47 (6), pp. 552--567.*

Sholty, M. J., Ephross, P. H., Plaut, S. M., Fischman, S. H., Charnas, J. F. and Cody, C. A. 1984. *Female orgasmic experience: A subjective study. Archives of sexual behavior, 13 (2), pp. 155--164.*